

SA 420 NATIONAL CHAMPIONSHIPS 2019

Hermanus Yacht Club, Cape Town, 27st to 30th September 2019

Organizing authority: The SA 420 Association in conjunction with Hermanus Yacht Club, under the auspices of South African Sailing

SAILING INSTRUCTIONS

Sanctioned 22 July 2019

1. RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing**.
- 1.2 **SAS Requirements for National Championships** will apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board inside the Clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 08:30 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flag pole
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.

5. SCHEDULE OF RACES

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|-----|---------------------------|------------------------|----------------------------|
| 5.1 | Friday 27 th | (Practice Race) | First warning signal 14:00 |
| | Saturday 28 th | | First warning signal 10:00 |
| | Sunday 29 th | | First warning signal 10:00 |
| | Monday 30 th | | First warning signal 10:00 |

5.2 A maximum of 10 races are scheduled.

5.3 No more than 4 races will be sailed each day.

5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a Warning Signal.

5.5 On the last scheduled day of racing no Warning Signal will be made after 14:00

6. THE COURSES

- 6.1 The courses will be trapezoid or windward-leeward. The target time of a race will be 45 minutes.
- 6.2 The diagrams on the official notice board show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.3 No later than the warning signal, the Race Committee signal boat will indicate the course to be sailed by displaying the numeral pennant of the course, and the number of laps on a board on the signal boat.

7. MARKS

- 7.1 Marks 1, 2, 3 and 4 will be yellow inflatable buoys
- 7.2 The starting and finishing marks will be the Race Committee signal boat and a round orange plastic buoy.

8. THE START

- 8.1 The starting line will be between a staff displaying an orange flag on the Race Committee signal boat at the starboard end and the course side of the port-end round orange starting mark.
- 8.2 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

9. CHANGE OF THE NEXT LEG OF THE COURSE

- 9.1 To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

10. THE FINISH

The finishing line will be between a staff displaying an orange flag on the Race Committee signal boat and the course side of the nearby round orange finishing mark.

11. PENALTY SYSTEM

- 11.1 A boat that has taken a penalty or retired under RRS 31 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.
- 11.2 The penalty for a breach of SIs 15 to 20 may, at the discretion of the Protest Committee, be less than disqualification.

12. TIME LIMITS

Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.2 The protest time limit is 45 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is the later.
- 13.3 Notices will be posted no later than 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the training room beginning at the time posted.
- 13.4 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 13.5 On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

14. SCORING

- 14.1 Four races are required to be completed to constitute a series.
- 14.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (c) When 9 or 10 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

15. SAFETY REGULATIONS

- 15.1 Yachts shall comply with their class buoyancy and safety requirements.
- 15.2 All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 15.3 A boat retiring from a race shall notify the Race Committee as soon as possible.

16. REPLACEMENT OF CREW OR EQUIPMENT

- 16.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity.

17. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with Class Rules and Sailing Instructions. On the water, a boat may be instructed by a Race Committee Measurer to proceed immediately after the completion of a race to a designated area for inspection.

18. SUPPORT BOATS

Coach or support boats shall display a **White Flag** and shall stay at least 100m from boats racing.

19. TRASH DISPOSAL

Trash may be placed aboard support and Race Committee boats.

20. RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the Organising Authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22. INSURANCE

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.